

Healthy Youth and Schools Commission Meeting
Tuesday, September 09, 2014
3:00 – 5:00 pm
Minutes

Commissioners in attendance: Alex Ashbrook (Chair), Sandra Schlicker, Lauren Biel, Audrey Williams, Diana Bruce, Alex Lewin (by phone), Cara Biddle (by phone)

Commissioners not in attendance: Simone Banks-Mackey, Charneta Scott

Others in attendance: Nancy Katz (OSSE), Laura Hansen (OSSE), Grace Friedberger (OSSE), Sam Ullery (OSSE), Nichelle Johnson (OSSE), Maddie Morales (OSSE/FoodCorps), Erica Steinhart (OSSE), Kathryn Lantuh (OSSE), Courtney Puidk (OSSE Intern), Ivy Ken (GWU), Heather Holaday (DCPS), Michael Posey (DCPS), Tanisha Douglas (DCPS), Trisha Nakano (DCPS), Elizabeth Leach (DCPS), Emily Fisher (DCPS), Miriam Kenyon (DCPS), Erin Lumpkins (DCPS), Beth Gingold (DGS), Brian Killian (DGS), Susan Comfort (Playworks), Judy Berman (DC Appleseed), Amelia Petersan-Kosecki (DOH), Joni Eisenberg (DOH), Alyia Smith-Parker (DC Hunger Solutions), Melissa Roark (DC Hunger Solutions), Chidimma Acholonu (Alliance for a Healthier Generation)

I. Welcome and Introductions

1. Announcements - Growing Healthy Schools Week organized by OSSE will occur September 27 – October 3, 2014. See <http://osse.dc.gov> for more.

II. OSSE Update

1. PE/PA Literature Review

- i. Research shows that adding PE to school schedule does not decrease test scores. Scores are either staying the same or increasing.
- ii. HE/PE Report due to Mayor and Council on September 30th.

2. FoodCorp/School Gardens/Farm to School/Environmental Literacy

- i. FoodCorps Fellow is on board at OSSE.
 1. Service members to begin work at their schools shortly, will assist with implementation of the USDA Farm to School Grant.
- ii. Environmental Literacy Specialist to be hired by OSSE.

3. Physical and Health Education

- i. A small number of schools are meeting PE/HE requirements.
- ii. OSSE PE/PA specialist gathering information about barriers or best practices to schools meeting minutes.

4. Evaluation

- i. 2015 School Health Profiles in process, available to schools in November.
- ii. Team has been meeting to develop evaluation plan for Healthy Tots Act.
- iii. HSA Evaluation Grant applications due September 12th.
- iv. Grantee will work with OSSE to choose schools and design intervention and will provide quarterly and yearly reports to OSSE.

5. Health and Wellness

- i. Pilot School Wellness Champion Program SY 2014-2015 (21 charter schools).

- ii. OSSE developing youth Healthy Schools Act Ambassadors program.
- III. Environmental Aspects of Healthy Schools Act
 - 1. Presentation by Brian Killian, DGS – Environmental Health and Safety(EHS) Services
 - i. Houses Environmental Programs aspects of HSA.
 - 1. Most activity focused on DCPS.
 - 2. Emergency preparedness, radon testing, air quality, lead based paint risk assessment, testing lead in drinking water, integrated pest management, mold removal.
 - ii. Concern from HYSC about lack of access of EHS into charter schools and how environmental aspects of charter buildings are monitored.
 - 1. HYSC Environmental Subgroup to meet to discuss necessary actions and how this might interface with Environmental Literacy Framework implementation and Environmental Literacy Specialist being added at OSSE.
 - 2. Presentation by Beth Gingold, DGS
 - i. Recycling, composting, waste audits.
 - ii. Energy conservation contest to start in DCPS.
 - iii. Primarily helping DCPS, can offer TA to charter schools if time allows.
- IV. Healthy Youth and Schools Sub-committee Actions and Identification of Report Priorities
 - 1. Sub-Committee Reports:
 - i. Communications
 - 1. Continue to build support for promoting HSA in schools and community.
 - 2. Working on Infographic – proof reviewed, Distribution plan discussed.
 - 3. Goal of this sub-committee is to help disseminate this message.
 - a. Messaging put in cafeteria (posters).
 - b. Talking points for parents, community members, etc.
 - ii. Health
 - 1. Council Member Alexander listed legislation that it intends to implement a more efficient system to organize electronic health certificate.
 - 2. Conflicting numbers surround how many DC students are getting annual well child preventive care visits.
 - iii. PE/PA
 - 1. HYSC board members request that OSSE report on Schools meeting SY 2014-2015 PE/PA requirements, barriers/best practices.
 - 2. HYSC does not have a commissioner who is an expert in PE/PA but working to nominate one.
 - 3. Majority of schools are not going to meet 2014-2015 PE/PA requirements. Legislation has not yet been changed.

Meeting Concluded at 4:50 pm

Next Meeting: November 5th 3:00-5:00 pm, 810 1st Street, NE, 8th Floor Room TBA